



JANUARY 2020

NORTHERN SPORTS ACADEMY

DEVELOPMENT FOOTBALL PROGRAMME

OUR YOUTH FOOTBALL VISION



NORTHERN SPORTS ACADEMY LTD

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I don't believe skill was, or ever will be, the result of coaches. It is a result of a love affair between the child and the ball.

Roy Keane

Opening Word

Welcome to Northern Sports Academy.

Our classes are fun football sessions that provide the ideal first step for our players first step on the football ladder.

Children aged 3-6 take part in a wide range of activities designed to improve their ability, technique and intelligence. Sessions are designed to be fun but also challenging for the player.

Parental Participation is not required however at times children may feel more confident to do an activity, this is available until they start to play more independently.

- 60-minute classes
- Weekly classes
- Coaches are FA Qualified & DBS checked
- 4 Corner model approach

Our Vision

Our academy has been structured to ensure maximum fun and participation for all players and we welcome boys and girls ages 3-6 of all abilities to come along and get stuck in.

“Northern Sports Academy goal is to develop footballers to become the best they can be”.

Providing the best development experience for our players, the Academy strives to pursue excellence in a professional, competitive, fun atmosphere, providing a clear pathway into grassroots and professional football.

We believe in playing beautiful football, inspiring players to take responsibility for their own development, maximizing their potentials both as footballers and as human beings.

We firmly believe our sessions can help youngsters to develop their skills and build their confidence both on and off the pitch.

What can your child expect?

- More touches of the ball
- Dealing with the ball
- Simpler game
- More attacking 1 v 1 situations and chances to score
- Improved decision making
- Improved confidence
- Being brave with and without the ball
- Freedom of expression

Aims & Objectives

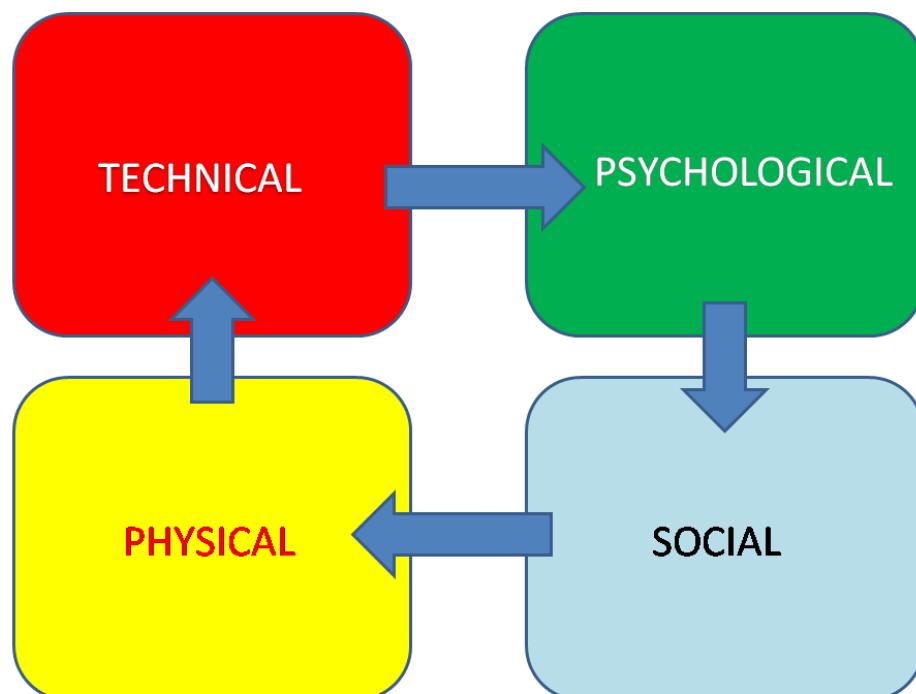
All of our football sessions are designed to focus on development and enjoyment. Northern Sports Academy also aims to improve technique, flexibility, speed, agility, power with and without the ball.

We believe that ball mastery is key. We also believe that 90% ball rolling gives our players the tools to develop and excell with the football at their feet.

Teamwork, decision making, confidence and communication are just some of the skills taught within our development sessions. The development programme encourages players to express themselves while in control of the football.

At Northern Sports Academy we have adopted the FA's 4 Corner Model approach. By providing training sessions with a long term development goal and elements of these four corners our coaches will help players to develop more than just their football skills, they will help them to gain confidence, build self esteem, learn to work as a team and improve their decision making.

FA 4 CORNER MODEL



Player Pathways

In partnership with local grassroots club FC Northern we have implemented a player pathway that builds on the foundations of the academy. Using a player-centred approach we develop the football potential of our young players.

FC Northern operates from U7 - U13 with continued player development at the core of what we do along with weekly training sessions and football matches. The club welcomes players of all abilities and ensures to work closely with each individual player, creating a safe and secure environment where each player can express themselves while making new friends.

Throughout each players journey they can take advantage of our partnerships with Premier League and Football League clubs through arranged games. Players who excel in these environments will have the opportunity to impress our coaches and scouts.

Football Pathway



Development Centres

Mon | 6-7PM | Sacred Heart (Lower Site) L23 0QU

Tue | 6.30-7.30PM | Brunswick Youth Centre ;20 4JQ

Wed | 6-7PM | Hugh Baird, South Sefton Campus L30 2DB

Thu | 6-7PM | St Edward's College L12 1LF

Sat | 9.30-10.30AM | Merchant Taylor's L23 0QP





Learn how to dance with the ball at your feet.

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